

THE PROGRESS REPORT

STUDENT: _____ DATE: _____

	10 Second	20 Seconds	30 Seconds	60 Seconds	90 Seconds
Singles					
Doubles					
Paradiddles					
Left Hand					
Right Hand					

ENDURANCE TEST

	1Second	2 Seconds	3Seconds	4 Seconds	5 Seconds
Singles					
Doubles					
Left Hand					
Right Hand					

INNER-CLOCK TEST TM

BPM	90	105	114	120	126	135	144	150
DM	60	70	76	80	84	90	96	100
Your Score								

COMMENTS: _____

